



buckle up

advice on keeping your
baby safe on the move



there's **mothercare** in everything we do

safety first

Most parents understand how important car safety is, but many people have trouble fitting and using car seats. Recent surveys have revealed that more than half of baby and child car seats are fitted incorrectly. That's why it's so important to read the instructions that come with your car seat.

This advisory card is full of useful information on how to make sure your baby or child travels safely at all times, no matter how short the journey.

buying the right seat

- talk to our expert advisers instore. For a new baby you will need an infant carrier (or convertible car seat). Our store advisers can check that the seat you wish to buy is suitable for your car, and they can help you fit the seat.

your guide to car seats

the safest child seat is one that fits your child properly

- we know that determining which child seat is right for your child can sometimes be a challenge.
- to avoid confusion from the overlapping of weight ranges among restraint types, the table below can be used as a guide to the most suitable type.
- road rules have changed in nearly every state, so it is important to be aware of your legal obligations.

before you start shopping, here are a few things to think about

- **it's never a good idea to buy a second-hand car seat**
it may have been involved in an accident, or sustained damage and wear and tear that will reduce its effectiveness.

where to find out more

visit www.mothercare.com.au
or call 1300 217 700

age	birth to approx 6–12 mths	birth to approx 4 yrs	approx 6 mths–7yrs	approx 4yrs–7yrs	approx 7yrs–10yrs	position
1 infant carrier	●					Rearward facing
2 convertible car seat		●				Rearward and forward facing
3 convertible booster			●			Forward facing
4 booster				●		Forward facing
5 child safety harness					●	n/a

1 infant carrier approx birth to 6–12 months

Rearward facing, an infant carrier is suitable from birth to 6–12 months approx.

The carrier section of the restraint can be removed from the base, and a carry handle is used for transporting a young baby around with least disturbance.



2 convertible car seat approx birth to 4 years

Convertible child seats protect through the next stage of a child's growth.

'Convertible' refers to the car seats design and ability to convert from rearward facing to forward facing position. To switch from rearward to forward facing there is a simple adjustment to the seats recline mechanism.



3 convertible booster approx 6 months to 7 years

Convertible booster seats offer the security of an internal harness. Convertible boosters allow for removal of the internal harness when your child is over 4 years (approx). They can then be used with a child harness up until 7 years (approx).



4 booster approx 4–7 years

A booster seat with either a lap/sash seat belt or harness is recommended. Look for features such as adjustable head rest, deep side wings, and a sash guide to keep the seatbelt in place. Use an adult lap/sash seatbelt or a child harness in conjunction with the centre rear lap belt.



5 child safety harness 7 years or older

Your child can now usually wear a seat belt, properly adjusted and securely fastened, without a booster cushion. A child harness can be used up to 10 years (approx) without a booster seat. If using a lap belt your child will not have upper torso support so it is essential to use a child harness.

