



baby plan

helping you get ready
for your new arrival



there's **mothercare** in everything we do

Getting ready for your new arrival

Mothercare has come up with a helpful list of all the things you might need.

maternity



- 3 x maternity bras
- 3 x nursing bra
- 2 x sleep bras
- hospital bag
- maternity trousers/jeans
- nightwear
- maternity tops
- maternity swimsuit
- sleep support pillow

nursery



- moses basket and stand or basinette
- cot or bed
- changing table
- changing mat
- dresser
- wardrobe
- new mattress
- room thermometer
- baby listening monitor
- bedding for moses basket, basinette, cot or cot bed**
- 4 x fitted sheets
- 4 x top sheets
- 2-3 x blankets
- mattress protector
- 1-2 x baby sleeping bags

playtime



- cot mobile
- bouncing cradle or swing
- playnest, gym or mat
- 2 x soft rattles
- 2 x soft fabric books
- soft newborn cuddly toy

feeding



- highchair
- soothers/dummies
- breastfeeding**
- 3 x nursing bras
- 2 x sleep bras
- breast pads
- breastfeeding pillow
- muslin squares
- bibs
- you may also need:**
- breast pump
- storage bags/bottles
- nipple cream
- nipple shields/breast shells
- sterilising equipment
- bottle feeding**
- 4 x feeding bottles
- 4 x teats
- infant milk formula
- sterilising equipment
- bottle & teat brush
- muslin squares
- bottle warmer
- bibs

baby clothes



- 1 x 8-pce newborn set
- 1 x 7-pce bodysuits (sleeveless, short sleeve long sleeve)
- 2 x 3-pce sleep suits
- 3-4 x daywear outfits
- 2 x cardigans
- 2-3 x socks (pairs)
- 2 x scratch mitts (pairs)
- 2 x hats
- jacket/pramsuit
- shawl

bathtime



- baby bath
- bath stand
- baby nail scissors
- brush & comb set
- non-slip bath mat
- top 'n' tail bowl
- bath thermometer
- cuddle 'n' dry robe and change mat
- baby box
- Baby toiletries – baby wipes, cotton wool, barrier cream
- nappy pail or nappy wrapper

travel



- pram
- stroller
- carry cot
- Mothercare Weathershield™
- UV cover
- travel cot
- car safety**
- infant car seat
- car seat fitting
- capsule sun blinds
- general**
- change bag
- baby carrier cosytoes

where to find out more

visit www.mothercare.com.au
or call 1300 217 700

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